

**2018 PROGRAMME**

**Mitochondrial Patient Engagement Day**

**Saturday 13<sup>th</sup> October 2018**

**Franks & Steel Room, Wellcome Collection, 183 Euston Road, London, NW1 2BE**

Organised by Natalie James, Clinical Nurse Specialist on behalf of Professor MG Hanna and the Specialist Mitochondrial Service

- 1.30 Introduction**  
Dr Rob Pitceathly, Consultant Neurologist, Mitochondrial service
- 1.40 Mitochondrial Disease**  
Dr Rob Pitceathly
- 2.00 Research Update**
- 2.20 Lily Foundation**  
Alison Maguire
- 2.30 Action on Hearing Loss**  
Jean Strauss
- 2.40 Ubiquinone and mitochondrial disease**  
Dr Iain Hargreaves
- 3.00 tea/coffee break**
- 3.20 Groups: 30 minutes per group session – 2 sessions in this period.**
- Mood/psychological involvement  
Ocular problems and mitochondrial disease  
Managing mitochondrial disease diabetes  
Exercise and fatigue
- 4.30 – 6.00 Drinks reception with Lily foundation**